



# Fitness for work is a must.

Establish a consistent objective alertness standard to reduce risk in your workforce.



## PVTWORKFIT

PVT WorkFit is a screening tool to help you identify employees who are unfit for work. It is sensitive to factors that cause alertness deficits including fatigue, medication use (prescription, over-the-counter, and illicit), and medical conditions.

Employees take a 10-minute Psychomotor Vigilance Test (PVT) as part of a fitness for work assessment. The PVT is scientifically validated and widely recognized as the gold standard assay of neurobehavioral alertness. Clinicians can access test results instantly along with advanced analytics and normative data to aid interpretation and guide fitness for work assessments.

Originally developed for NASA and DOD Special Forces, our validated technologies offer the best in test accuracy, data analytics, security, and ease of use.

### Validated to be sensitive to alertness deficits due to:

- Fatigue from sleep restriction, extended work shifts, night work
- Drug effects
- Medical conditions

### Effective for all workers because test results are unaffected by:

- Aptitude
- Education level
- Practice effects

### Features include:

- Accurate test delivery on iPad
- Real-time results reporting on iPad or web dashboard
- Analytics based on normative data to aid in test interpretation
- Configurable results retention options
- Multi-lingual support
- Secure configurable report distribution tools

“ExxonMobil chose PVT WorkFit because it is based on the gold standard measure of alertness—In fact it is often used as the standard to validate other fitness for work assessment approaches.”

**ExxonMobil** – Dr. Steven Lerman, MD, MPH, FACOEM  
ExxonMobil Occupational Health

PVT Workfit is recommended for all employees in safety sensitive positions.



Request a live demo today!

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